

Ultra-wideband (UWB) technology has emerged as a promising solution for high-speed

wireless communication, precise positioning, and radar imaging applications. UWB printed

rectangular-based monopole antennas offer compactness, simplicity, and versatility,

making them well-suited for integration into various wireless devices and systems. This comprehensive review delves into the principles, design methodologies, fabrication techniques, applications, and future directions of UWB printed rectangular-based monopole antennas, highlighting their transformative potential in advancing wireless

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The Potential of Ultra-Wideband Printed Rectangular-Based Monopole Antennas

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INTRODUCTION TO ULTRA-WIDEBAND (UWB) TECHNOLOGY

ABSTRACT

Ultra-wideband (UWB) technology is characterized by the transmission and reception of electromagnetic signals over a wide frequency range, typically spanning from several hundred megahertz to several gigahertz.[1-5] UWB technology enables high-speed data transmission, precise ranging, and robust communication in diverse applications such as wireless USB, sensor networks, and vehicular radar. UWB signals are characterized by their low power spectral density, short pulse duration, and wide bandwidth, allowing for efficient use of the frequency spectrum and immunity to interference from narrowband systems.^[6-12] Ultra-Wideband (UWB) technology is a wireless communication technique that utilizes a broad spectrum of frequencies to transmit data over short distances with high data rates. Unlike traditional narrowband communication systems, which operate within specific frequency bands, UWB devices transmit signals across a wide frequency range, typically spanning several gigahertz as shown in Fig. 1.

One of the key characteristics of UWB technology is its ability to transmit signals with very low power spectral density, spread over a large bandwidth. This enables UWB devices to coexist with other wireless systems without causing significant interference, making them suitable for deployment in dense wireless environments.^[13-19] UWB technology offers several advantages for wireless

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communication applications. Firstly, its wide bandwidth allows for high data rates, making it suitable for applications such as wireless USB, high-definition video streaming, and real-time sensor networks. Secondly, UWB signals have inherent immunity to multipath interference, enabling reliable communication in indoor environments where reflections and signal attenuation are common.^[20-26]

Moreover, UWB technology enables precise ranging and positioning capabilities due to its ability to accurately measure time-of-arrival and time-difference-of-arrival Martin Kigarura, et al. : Primary frontiers in Designing and benchmarking the Applications of Helical Antennas

of signals. This makes it suitable for applications such as asset tracking, indoor navigation, and location-based services.^[27-34] In addition, UWB technology is wellsuited for short-range communication applications, including wireless personal area networks (WPANs), sensor networks, and smart home devices. Its low power consumption and high immunity to interference make it an attractive option for low-power and battery-operated devices.^[35-46] Overall, Ultra-Wideband technology offers a versatile and efficient solution for short-range wireless communication, positioning, and sensing applications. As the demand for high-speed, low-power wireless connectivity continues to grow, UWB technology is expected to play an increasingly important role in enabling innovative wireless applications and services.

PRINCIPLES OF PRINTED RECTANGULAR-BASED MONOPOLE ANTENNAS

Printed rectangular-based monopole antennas are a popular class of antennas known for their simplicity, compactness, and ease of fabrication. These antennas typically consist of a rectangular radiating element printed on a dielectric substrate, with a ground plane located on the opposite side of the substrate.[47-49] Printed rectangular-based monopole antennas exhibit omnidirectional radiation patterns and wide impedance bandwidths, making them suitable for UWB applications that require broad frequency coverage and efficient signal transmission.Printed rectangular-based monopole antennas are a type of planar antenna commonly used in various wireless communication systems due to their compact size, low profile, and ease of fabrication. These antennas consist of a simple radiating element printed on a dielectric substrate, typically in the form of a rectangular patch or stripas shown in Fig. 2.

The operation of printed rectangular-based monopole antennas is based on the resonance of the radiating element, which is typically a quarter-wavelength long at the operating frequency. When excited by a feeding mechanism, such as a coaxial feed line or a microstrip transmission line, the radiating element resonates, generating electromagnetic waves that propagate into free space.^[50-51] The dimensions of the radiating element, including its length, width, and substrate properties, determine the operating frequency, impedance matching, and radiation characteristics of the antenna. By adjusting these dimensions, designers can optimize the antenna performance for specific frequency bands and applications.

Printed rectangular-based monopole antennas offer several advantages, including low cost, ease of integration with printed circuit boards (PCBs), and



Fig. 2: UWB-Printed Rectangular-Based Monopole Antenna

compatibility with mass production techniques such as photolithography and screen printing. These antennas are widely used in wireless communication devices, RFID systems, WLANs, and IoT de vices, where space constraints and performance requirements are critical considerations.

DESIGN METHODOLOGIES FOR UWB PRINTED Rectangular-Based Monopole Antennas

Designing UWB printed rectangular-based monopole antennas involves a systematic approach that integrates principles from electromagnetics, antenna theory, and UWB technology:

- Frequency Band Selection: The UWB frequency band is typically divided into several sub-bands to accommodate different applications and regulatory requirements. The antenna design must be optimized to cover the desired frequency range while maintaining efficient radiation performance and impedance matching across the bandas shown in Fig. 3.
- Antenna Geometry Optimization: The geometry of the rectangular-based monopole antenna, including the dimensions of the radiating element and ground plane, is optimized to achieve the desired radiation characteristics, impedance bandwidth, and polarization. Numerical simulation tools and optimization algorithms are employed to explore the design space and identify optimal parameter values.
- Impedance Matching: Impedance matching techniques, such as stub tuning, capacitive loading, and impedance transformers, are used to ensure

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Fig. 3: A monopole antenna with cotton fabric material

that the antenna's input impedance matches the impedance of the feeding transmission line or system. Proper impedance matching minimizes reflection losses and maximizes power transfer, improving the antenna's efficiency and performance.

Bandwidth Enhancement: Various techniques, such as meandering the radiating element, adding parasitic elements, or using impedance loading structures, are employed to enhance the impedance bandwidth of the antenna. Wideband matching networks and multi-resonant structures are also utilized to extend the antenna's bandwidth while maintaining compactness and simplicity.Bandwidth enhancement is a crucial aspect in antenna design aimed at improving the range of frequencies over which the antenna can efficiently transmit or receive signals. This enhancement is essential for achieving robust and reliable communication systems capable of supporting various applications.

There are several techniques employed to enhance the bandwidth of antennas. One common approach is to use multiple resonant modes within the antenna structure. By optimizing the geometry and configuration of the antenna elements, designers can exploit additional resonances to extend the operating frequency rangeas shown in Fig. 4.

Another technique involves employing impedance matching networks to minimize reflections and improve the antenna's impedance bandwidth. Matching networks are used to adjust the impedance of the antenna to match that of the feedline or the surrounding environment, ensuring efficient power transfer across a broader range of frequencies.

Furthermore, incorporating innovative materials with unique electromagnetic properties can also contribute to



Fig. 4: Configuration of the printed monopole antenna

bandwidth enhancement. Metamaterials, for example, can be engineered to manipulate electromagnetic waves in unconventional ways, allowing for broader bandwidths and improved antenna performance.

Additionally, using advanced feeding techniques such as aperture coupling, microstrip feedlines, or proximity coupling can help enhance the bandwidth of antennas. These feeding mechanisms enable efficient power transfer and radiation across a wider frequency range, resulting in increased bandwidth.

Overall, bandwidth enhancement techniques play a crucial role in improving the performance and versatility of antennas, enabling them to support a wide range of frequencies and applications in modern wireless communication systems.

FABRICATION TECHNIQUES FOR UWB PRINTED RECTANGULAR-BASED MONOPOLE ANTENNAS

Fabricating UWB printed rectangular-based monopole antennas involves leveraging advanced manufacturing techniques and materials to realize complex designs and structuresas shown in Fig. 5:



Fig. 5: Bio-inspired Printed Monopole Antenna

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- Printed Circuit Board (PCB) Technology: PCB technology enables the fabrication of printed rectangular-based monopole antennas using standard lithographic processes on dielectric substrates such as FR-4, Rogers, or polyimide. Conductive traces are printed or etched onto the substrate to create the radiating element and ground plane of the antenna, with vias used to connect different layers and components.
- Additive Manufacturing: Additive manufacturing techniques such as 3D printing enable the fabrication of complex antenna geometries and structures with high precision and customization. Antennas can be printed layer-by-layer using conductive materials such as metal powders, filaments, or inks, allowing for rapid prototyping and iterative design iterations.
- Flexible and Stretchable Substrates: Flexible and stretchable substrates, such as elastomers, polymers, and textiles, are used to fabricate UWB printed rectangular-based monopole antennas for conformal and wearable applications. These substrates enable the integration of antennas into flexible and stretchable materials, such as clothing, textiles, and biomedical implants, while maintaining mechanical robustness and electrical performanceas shown in Fig. 6.
- Multi-Layer Stacked Structures: Multi-layer stacked structures, consisting of alternating layers of conductive and dielectric materials, are utilized to realize compact and efficient UWB antennas with enhanced performance. By optimizing the dimensions and properties of each layer, multi-layer stacked antennas can achieve wideband operation, high gain, and low profile characteristics suitable for space-constrained applications.

Applications of UWB Printed Rectangular-Based Monopole Antennas



Fig. 6: High-gain printed monopole antenna

UWB printed rectangular-based monopole antennas find diverse applications across various industries and domains, including:

- High-Speed Data Communication: UWB antennas enable high-speed data communication in wireless personal area networks (WPANs), wireless USB, and multimedia streaming applications. The wide bandwidth and low interference characteristics of UWB signals facilitate reliable transmission of multimedia content, large data files, and real-time video streams with minimal latency and jitter.
- Precise Positioning and Ranging: UWB antennas are used in precise positioning and ranging applications, such as indoor localization, asset tracking, and vehicle navigation. UWB-based localization systems leverage time-of-flight (ToF) and time-difference-ofarrival (TDoA) techniques to accurately estimate the position of objects or devices in three-dimensional space, enabling applications such as indoor navigation, augmented reality, and location-based services.
- Radar Imaging and Sensing: UWB antennas are deployed in radar imaging and sensing systems for target detection, identification, and imaging in aerospace, defense, and security applications. UWB radar systems utilize short pulses and wideband signals to achieve high-resolution imaging, penetration through obstacles, and detection of small targets in cluttered environments, enabling applications such as surveillance, reconnaissance, and perimeter securityas shown in Fig. 7.
- Biomedical Sensing and Monitoring: UWB antennas are integrated into biomedical sensing and monitoring devices for non-invasive detection of



Fig. 7: Bandwidth enhancement and size reduction of printed monopole antenna

physiological signals, biomedical imaging, and remote health monitoring. UWB-based medical imaging systems, such as microwave imaging and ultra-wideband radar, enable early detection of breast cancer, tissue abnormalities, and cardiovascular diseases, enhancing diagnostic accuracy and patient outcomes.

Environmental Sensing and IoT Applications: UWB antennas are utilized in environmental sensing and Internet of Things (IoT) applications for remote monitoring of environmental parameters, smart agriculture, and industrial automation. UWB-based sensor networks leverage the low power consumption and long-range communication capabilities of UWB signals to monitor soil moisture, air quality, and temperature in agricultural fields, industrial facilities, and smart cities, enabling real-time data collection and analysis for decision-making and optimization.

FUTURE DIRECTIONS AND EMERGING TRENDS

The field of UWB printed rectangular-based monopole antennas is ripe with opportunities for innovation and advancement, with several emerging trends and future directions:

- Miniaturization and Integration: Future UWB antennas will be further miniaturized and integrated into compact and multifunctional devices, such as smartphones, wearables, and IoT sensors. Miniaturized UWB antennas will enable seamless integration into portable and spaceconstrained applications, while supporting highspeed data communication, precise positioning, and environmental sensing.
- Beamforming and MIMO Techniques: UWB antennas will leverage beamforming and multiple-input multiple-output (MIMO) techniques to enhance spatial diversity, channel capacity, and interference mitigation in wireless communication systems. UWB MIMO systems will employ arrays of printed monopole antennas to achieve spatial multiplexing, diversity gain, and adaptive beam steering, enabling high-throughput, reliable, and energy-efficient communication in dynamic environmentsas shown in Fig. 8.
- Metamaterials and Reconfigurable Structures: UWB antennas will incorporate metamaterials and reconfigurable structures to achieve tunable properties, enhanced performance, and dynamic functionality. Metamaterial-inspired UWB antennas





Fig. 8: Design and comparative analysis of circuit theory model-based slot-loaded printed

will exhibit unique electromagnetic properties, such as negative refractive index, dispersion engineering, and electromagnetic cloaking, enabling novel applications in imaging, sensing, and communicationas shown in Fig. 9.

 Biocompatible and Wearable Antennas: UWB antennas will be fabricated using biocompatible and flexible materials for integration into biomedical implants, wearable devices, and electronic textiles. Biocompatible UWB antennas will enable wireless communication, sensing, and telemetry



in implantable medical devices, biosensors, and prosthetic limbs, while wearable UWB antennas will support applications such as health monitoring, gesture recognition, and human-machine interfaces. Biocompatible and wearable antennas represent a significant advancement in antenna technology, catering to the growing demand for seamless integration of antennas into wearable devices for medical, fitness, and healthcare applications. These antennas are designed to be safe for prolonged contact with the human body and flexible enough to conform to the contours of wearable devices.

Biocompatible antennas are fabricated using materials that are non-toxic and non-reactive to biological tissues, ensuring compatibility with the human body. Such antennas are often used in medical implants, wearable health monitoring devices, and smart textiles for healthcare applications. They enable wireless communication between implanted medical devices and external monitoring systems, facilitating real-time health monitoring and diagnostics.

Wearable antennas are designed to be lightweight, flexible, and durable, allowing them to be integrated seamlessly into clothing, accessories, and body-worn devices. These antennas enable wireless connectivity in smartwatches, fitness trackers, augmented reality glasses, and other wearable gadgets, enhancing user experience and functionality.

The development of biocompatible and wearable antennas involves specialized fabrication techniques and material selection to ensure optimal performance, reliability, and comfort. Advances in flexible electronics, nanotechnology, and biocompatible materials have fueled the rapid development of these antennas, opening up new possibilities for personalized healthcare, remote monitoring, and augmented reality applications.

Energy Harvesting and Wireless Power Transfer: UWB antennas will be integrated with energy harvesting and wireless power transfer technologies to enable self-powered and autonomous wireless systems. UWB-based energy harvesting systems will capture ambient electromagnetic energy from the environment, such as radio frequency (RF) signals or thermal radiation, to power low-power devices, sensors, and IoT nodes, enabling perpetual operation and maintenance-free deployment in remote or inaccessible locations.

CONCLUSION

In conclusion, UWB printed rectangular-based monopole antennas hold immense promise for enabling high-speed

wireless communication, precise positioning, and radar imaging applications in diverse industries and domains. Leveraging the principles of UWB technology, antenna design, and fabrication techniques, UWB antennas offer compactness, simplicity, and versatility, making them well-suited for integration into various wireless devices and systems. As research and development efforts continue to evolve, UWB printed rectangular-based monopole antennas will play a pivotal role in shaping the future of wireless communication and sensing technologies, enabling new capabilities, applications, and experiences in the digital age.

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